

# Wellthy 2026 Monthly Member Webinar Schedule

Quarterly Theme	Month	Webinar Title	Date	Time	Registration Links	Description
<b>Planning &amp; Tools for Care Success</b>	<b>January</b>	The Digital Caregiver: Apps, AI, and Resources That Simplify Care Today	1/21/2026	12pm ET 9am PT	<a href="#">Registration Link</a>	Wellthy care experts will discuss how technology can make caregiving simpler, more organized, and less stressful, while helping you stay informed and connected.
	<b>February</b>	The Price of Care: Planning for Health, Family, and Finances	2/18/2026	12pm ET 9am PT	<a href="#">Registration Link</a>	Wellthy care experts will share practical strategies to help you prepare for and manage the financial impact of caregiving while protecting your family's wellbeing and future.
	<b>March</b>	Part of the Family: Simplifying Pet Care for Every Stage of Life	3/18/2026	12pm ET 9am PT	<a href="#">Registration Link</a>	Wellthy care experts will share guidance on organizing pet care, planning for emergencies, and keeping your furry loved ones healthy and happy through every life stage.
<b>Emotional Health &amp; Communication in Care</b>	<b>April</b>	Beyond Burnout: Finding Connection and Purpose in Caregiving	4/15/2026	12pm ET 9am PT	<a href="#">Registration Link</a>	Wellthy care experts will share practical ways to connect with other caregivers, build community, and rediscover purpose to combat feelings of isolation and increase fulfillment during demanding caregiving seasons.
	<b>May</b>	The Mental Load of Care: Managing Stress, Guilt, and Decision Fatigue	5/20/2026	12pm ET 9am PT	<a href="#">Registration Link</a>	Wellthy care experts will cover strategies to lighten the mental load, set realistic expectations, and build emotional resilience while caring for others.
	<b>June</b>	A Care Guide for Dementia: Strategies, Support, and Self-Care	6/17/2026	12pm ET 9am PT	<a href="#">Registration Link</a>	Wellthy care experts will share practical advice to navigate the stages of dementia, support your loved one with dignity, and care for yourself throughout the journey.
<b>Financial &amp; Legal Preparedness</b>	<b>July</b>	Back-to-School: Setting Up Solid Childcare and Teen Support	7/15/2026	12pm ET 9am PT	<a href="#">Registration Link</a>	Wellthy care experts will share practical tips to simplify back-to-school transitions, build a strong support network, and set your family up for a smoother year ahead.
	<b>August</b>	Caring Across Borders: Supporting Loved Ones from Afar	8/19/2026	12pm ET 9am PT	<a href="#">Registration Link</a>	Wellthy care experts will offer tools and strategies for managing care remotely, building local support networks, and staying emotionally connected to loved ones no matter the miles between you.
	<b>September</b>	Protecting Your Family: Smart Strategies for Legal & Financial Planning	9/16/2026	12pm ET 9am PT	<a href="#">Registration Link</a>	Wellthy care experts will walk through steps to organize important documents, plan for future care, and ensure your family's financial and legal wishes are honored.
<b>Whole-Family Care</b>	<b>October</b>	Care Through Cancer: Coordinating Support for Loved Ones	10/21/2026	12pm ET 9am PT	<a href="#">Registration Link</a>	Wellthy care experts will share guidance to help you manage logistics, communicate effectively, and create a strong support system for your loved one.
	<b>November</b>	The Care Juggling Act: Balancing Parents, Kids, and Self-Care	11/18/2026	12pm ET 9am PT	<a href="#">Registration Link</a>	Wellthy care experts will share tips on how to manage competing responsibilities, communicate effectively, and make space for your own wellbeing.
	<b>December</b>	Caregiving During Holidays: Boundaries, Breaks, and Family Dynamics	12/16/2026	12pm ET 9am PT	<a href="#">Registration Link</a>	Wellthy care experts will share practical tips for setting boundaries, gathering with loved ones who have unique care needs, and having tricky conversations during the holiday season.
<b>Backup Care</b>	<b>February</b>	A Stress-Free Summer Starts Now: Planning for Childcare and Backup Care	2/3/2026	12pm ET 9am PT	<a href="#">Registration Link</a>	Wellthy's Care Team will share tips to help you get ahead of summer planning, stay flexible when things change, and make the most of your Wellthy Backup Care benefits.
	<b>July</b>	Plan B for Care: How Backup Care Keeps Families Covered	7/7/2026	12pm ET 9am PT	<a href="#">Registration Link</a>	Wellthy's Care Team will walk through how to use your backup care benefits to stay covered when childcare needs change.

